

CORPORATE SPEAKING



LAURA SIDDALL

**Professional Triathlete | Broadcaster | Writer
| Motivational Speaker | Coach |**

As a 6x Ironman Champion and industry voice, with over 10 years of corporate experience as well as British Military.

As an athlete, overcoming adversity following a Traumatic Brain Injury, during an IRONMAN race, from being hit by a car, and returning to racing.

Unique tenured professional athlete with a decade-long corporate background with the ability to balance business needs with customer-centric experiences.

Speaking Opportunities

- In person or virtual availability
- Key note speaking
- After dinner events
- Workshops

Topics

Tailored specifically for your organization, I cover the topics of:

- The Athlete Journey
- What business can learn from sport
- How to lead a high performance life
- Resilience, overcoming adversity
- Team Building and Leadership
- Self motivation and drive
- Goal Setting
- Health and Wellbeing



12.5K

Average
Followers

10+

Years as a
Professional
Athlete

10+

Years of
corporate
experience

Corporate,
British Military,
and Sports
Leadership and
experience

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