

CORPORATE SPEAKING



LAURA SIDDALL

Professional Triathlete | Broadcaster | Writer | Motivational Speaker | Coach |

As a 6x Ironman Champion and industry voice, with over 10years of corporate experience as well as British Military.

As an athlete, overcoming adversity following a Traumatic Brain Injury, during an IRONMAN race, from being hit by a car, and returning to racing.

Unique tenured professional athlete with a decade-long corporate background with the ability to balance business needs with customer-centric experiences.



Speaking Opportunities

- In person or virtual availability
- Key note speaking
- After dinner events
- Workshops

Topics

Tailored specifically for your organization, I cover the topics of:

- The Athlete Journey
- What business can learn from sport
- How to lead a high performance life
- Resilience, overcoming adversity
- Team Building and Leadership
- Self motivation and drive
- Goal Setting
- Health and Wellbeing

12.5K

Average Followers

10+

Years as a Professional Athlete

10+

Years of corporate experience

Corporate, British Military, and Sports Leadership and experience